



Bodhi + Rose
WELLNESS SPA & SALON

TREATMENT MENU



About us

Bodhi and Rose is a holistic wellness spa & salon using only the safest and highest quality natural products to treat your hair, face and body. We pride ourselves on offering our customers the very best salon experience providing a safe environment, comfort and professionalism amongst a friendly atmosphere focusing on the overall health and wellness of all our clients. When you step into our salon you will notice the beautiful aroma of essential oils helping you feel refreshed and rejuvenated.

We use non-toxic & natural professional natural hair colours, the safest available in the professional industry today. They contain organic ingredients wherever possible and avoid the use of dangerous chemical preservative systems and lathering agents in their colours. We offer a wide range of long-lasting vibrant colours and ammonia free blondes with 100% coverage.

We use Australian made and owned organic products for all our beauty treatments. We offer organicspa advanced facials & can help you achieve beautiful glowing skin with active & gentle organic ingredients.

We are concerned about the long-term effects of chemicals, therefore, we provide a healthy alternative to those who suffer with skin problems and allergies. For added comfort our salon is cleaned and sanitised using environmentally friendly products minimising the use of chemicals in our salon.

We stock and use a beautiful range of Australian made and owned natural and organic skincare and hair products that we use and love. They are luxurious and affordable products including a baby care range, perfect for the whole family.

You can have healthy hair and skin without the use of harsh chemicals, come into Bodhi and Rose and experience the difference it will make to your overall health and wellbeing.



WAITING ROOM



Appointment

Your appointment is important to us at Bodhi and Rose, it is reserved especially for you and we understand life happens. Therefore, if you need to cancel or reschedule an appointment, we request a minimum of 24-hours advance notice for any service, as a courtesy to other clients and our staff. Appointments cancelled less than 24 hours may incur a cancellation fee.

Punctuality is important and if you are running late, we kindly ask you to inform us as we cannot guarantee a full service as we do not want to disadvantage our other clients from receiving their full service. We do our best to run on time as we value your time. See our full cancellation policy on our website.







HAIR CUTTING

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| CLIPPER CUT | \$20.00 |
| MENS CUT | \$29.00 |
| LADIES STYLE CUT | \$54.00 |
| LADIES RESTYLE | From \$70.00 |
| CHILDRENS CUT (UNDER 5) | \$25.00 |
| STUDENT CUT | From \$34.00 |

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| HAIR INTENSIVE TREATMENT | \$29.00 |
| includes relaxing scalp massage | |

NATURAL COLOURING

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| ROOT RETOUCH | \$91.00 |
| GLOBAL COLOUR SHORT | From \$93.00 |
| GLOBAL COLOUR MEDIUM | From \$110.00 |
| GLOBAL COLOUR LONG | From \$120.00 |
| 1/4 HEAD FOILS | From \$85.00 |
| 1/2 HEAD FOILS | From \$97.00 |
| 3/4 HEAD FOILS | From \$123.00 |
| FULL HEAD FOILS | From \$157.00 |
| BALAYAGE FIRST TIME | From \$197.00 |
| GLOSS TONER | From \$32.00 |

Please Note: Toners as a stand alone service are the same price as a full colour application.

STYLING

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| BLOW DRY — Short/Fine | \$40.00 |
| BLOW DRY — Medium/Thick | \$50.00 |
| BLOW DRY — With Curl/Wave/Straighten | |
| Medium Length | \$65.00 |
| Long Length | \$80.00 |
| STYLING | From \$70.00 |
| EXPRESS STYLING | From \$25.00 |

Nails

ORGANICSPA HAND TREATMENT—35 MINS \$43.00

This treatment includes a cleanse, AHA peel, exfoliation and hydrating hand massage leaving your hands feeling beautifully smooth and nourished, perfect for age sunspots and age spots.

MANICURE - 60 MINS \$63.00

The treatment begins with soaking your hands in essential oils to soften your cuticles, followed by gentle scrub. Your nails are filed and shaped, finished with a relaxing hand and arm massage with your choice of nail polish colour.

ORGANICSPA DETOX PEDICURE - 45 MINS \$55.00

Your feet will feel soft, nourished and smooth with this deluxe treatment which includes foot soak with magnesium salts, AHA peel, hydrating foot mask, soothing feet and leg massage.

PEDICURE - 70 MINS \$69.00

Indulge your feet in some pampering, to start with your feet will be submerged in soothing copper bowl with warm water, essential oils and magnesium salts to soften your feet and cuticles, followed by a salt scrub and file. Finished off with a soothing foot massage, nail shape, file & natural polish of your choice . Your feet will feel beautifully smooth and relaxed.

Please note: As we are an organic wellness spa & salon we do not offer shellac removal, please make sure it is removed before any nail service.



Waxing & Skin

WAXING, SUGARING & TINTING

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| EYEBROW | \$21.00 |
| EYEBROW SHAPE | \$24.00 |
| LIP | \$10.00 |
| CHIN | \$13.00 |
| EYEBROW, LIP & CHIN | \$40.00 |
| 1/2 LEG | \$37.00 |
| 3/4 LEG | \$43.00 |
| FULL LEG | \$53.00 |
| FULL LEG & BIKINI LINE | \$73.00 |
| BIKINI LINE | \$27.00 |
| BIKINI XX (G-STRING BIKINI) | \$37.00 |
| U/ARM | \$25.00 |
| 1/2 ARM (TO ELBOW) | \$33.00 |
| FULL ARM | \$37.00 |
| LASH TINT includes hand massage | \$24.00 |
| BROW TINT | \$17.00 |
| BROW WAX & TINT | \$39.00 |
| LASH & BROW DUO | \$37.00 |

* Sugaring is a natural alternative to waxing, it is one of the oldest methods of hair removal and was developed by ancient Egyptians. It is free from solvents and harsh additives, there are many benefits including low discomfort and great for sensitive skin. Ideal for eyebrows, underarm and bikini.

ORGANIC SPRAY TAN

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| 10 MINS | \$40.00 |
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Achieve a beautiful natural bronzed summer glow with our natural safe spray tan solution. It is Australian made and owned. It is free from synthetic ingredients, fragrances, harmful chemicals, toxins and uses naturally derived DHA.

MAKE UP APPLICATION

\$65.00

We provide special occasion make up using INIKA organic make up to create a flawless natural glow enhancing your natural features.

YUMI LASH LIFT & TINT

\$95.00

YUMI lash lift is an advanced keratin lash lift and enhancement technique designed to boost and lift natural eyelashes. It is a safe, painless and non-invasive way to achieve a more natural look without having to endure uncomfortable lash extensions or fake lashes.



Organic Facials

ORGANICSPA MINI FACIAL– 35 MINS

\$65.00

The express facial treatment is the perfect pick me up for tired, dull or lifeless skin. It is customised to your skin type including a deep cleanse, skin polish, mask and soothing hand massage leaving your skin feeling smooth, hydrated and revitalised.

NOURISH & NURTURE FACIAL– 60 MINS

\$107.00

This organic facial treatment is customised to your skin type. It opens with a deep cleanse followed by a skin polish to unveil your skins natural radiance. A soothing face and décolletage massage with essential oils is performed to create a perfect state of harmony for your skin. Whilst the masking treatment that is infused with anti-oxidants stimulates your skin, you can enjoy a soothing hand massage. To close your revitalising experience your skin is hydrated and restored to its natural balance. This treatment is ideal for all skin types leaving your skin glowing looking and feeling renewed.

BALANCE & REPAIR FACIAL

\$107.00

Designed to purify and provide a detoxifying experience. It aims to calm and rebalance congested and acne prone skin. The detoxifying experience aims to draw impurities from the skin's surface removing dead skin cells and promoting cell detoxification. Moisture will be restored leaving your skin visibly brighter and firmer.

AGE–VITA RENEWAL FACIAL

\$107.00

The Vitamin C infused gel is designed to calm, hydrate and strengthen mature complexions and help restore youthful radiance. The mask contains powerful antioxidants which enables the skin tissue to strengthen and repair. Infused with green tea powder, the treatment is not only an antioxidant boost but will give the skin radiance and aid in slowing down the ageing process.



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| BIO-HYDRA FACIAL | \$107.00 |
| ADD ON TO FACIAL TREATMENT | \$39.00 |

This treatment is designed to boost the skin hydration with a specialised woodpulp fibre saturated with mountain pepper berry and organic hyaluronic acid, formulated to restore the lipid barrier, plump and hydrate the skin, decreasing the signs of ageing. Stimulating connective tissue & pressure point massage helps to restore radiant skin. A luxury treatment with a long lasting effect. Suitable for dull, dehydrated premature ageing and sun damaged skin.

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| RENEW AND RESURFACE- 45 MINS | \$93.00 |
| ADD ON TO FACIAL TREATMENT | \$39.00 |

A bio-active peel designed to refine and rejuvenate the skin. The gel based treatment provides intensive support for the skin's regenerative processes. With age, skin cell turnover decreases resulting in dull looking skin. This advanced rejuvenation formula contains a blend of natural alpha hydroxy acid and enzymes from fruit and other botanical sources to help smooth and resurface the skin which will smooth, refine, help with skin elasticity and revitalise the complexion.

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| AHA ALPHA REFINING- 35 MINS | \$67.00 |
| ADD ON TO FACIAL TREATMENT | \$32.00 |

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| RE-ENERGISING EYE TREATMENT- 30MINS | \$55.00 |
| ADD ON TO FACIAL TREATMENT | \$27.00 |

Specialised moisture infused eye treatment designed to nourish and rejuvenate the delicate eye area. It can be a stand alone treatment or an add on to any facial.

Massage

THERAPEUTIC MASSAGE

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| 30 MINS | \$45.00 |
| 45 MINS | \$60.00 |
| 60 MINS | \$80.00 |

Therapeutic massage is a relaxing and soothing massage, it helps to increase the oxygen flow in the blood and release toxins from the muscles which aids in healing and brings your body into balance and harmony. Massage is re-energising and soothes painful aches, a perfect treatment for anyone needing to destress.

PREGNANCY MASSAGE

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| 45 MINS | \$70.00 |
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There are many physical benefits to pregnancy massage, in addition to the nurturing and emotional support provided. Massage reduces peripheral swelling, soothes the nervous system, helps prevent insomnia, muscle cramps and back pain. We recommend that you only have this massage in your 2nd and 3rd trimesters.

HOT STONE MASSAGE

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| 75MINS | \$120.00 |
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Packages

SACRED JOURNEY TREATMENT

90 MINS \$145.00

Awaken your senses with our healing sacred journey treatment. Incorporating intuitive massage techniques and Perfect Potion essential oil blends. This treatment will facilitate the release of energy blockages encouraging self-discovery, cultivate a sense of spiritual renewal, harmony and balance.

CHAKRA BALANCING TREATMENT

90 MINS \$130.00

Intuitive energy chakra balancing treatment incorporates the use of crystals & Perfect Potion chakra essential oils which will allow you to clear, uplift and align your chakras.

NATURAL GLOW

120 MINS \$169.00

Treatment includes deluxe pedicure & organicspa signature facial

AROMA WELLNESS

105 MINS \$145.00

Treatment includes aromatherapy massage, back exfoliation & organicspa mini facial.

GREEN GODDESS

110 MINS \$172.00

Treatment includes back neck and shoulder massage, organicspa balance & repair facial, foot soak, scrub & massage.

PREGNANCY PAMPER PACKAGE

125 MINS \$182.00

Relaxing therapeutic massage, organicspa mini facial & pedicure.

Optional upgrades with all packages

- Hair treatment, scalp massage & blow dry \$60.00
- Organic make up application \$55.00
- Dry body exfoliation \$45.00
- Detox foot mask \$25.00

Vouchers

GIFT VOUCHERS

Gift vouchers are available to give to that special person. All of our services are available as gift vouchers. Recipients are then able to book a time at their leisure.

Vouchers are valid for three years. We must be informed at the time of booking that you are redeeming a voucher and then it must be presented on arrival.

Vouchers available to purchase for services or dollar value instore and selected options available online.
www.bodhiandrose.com.au

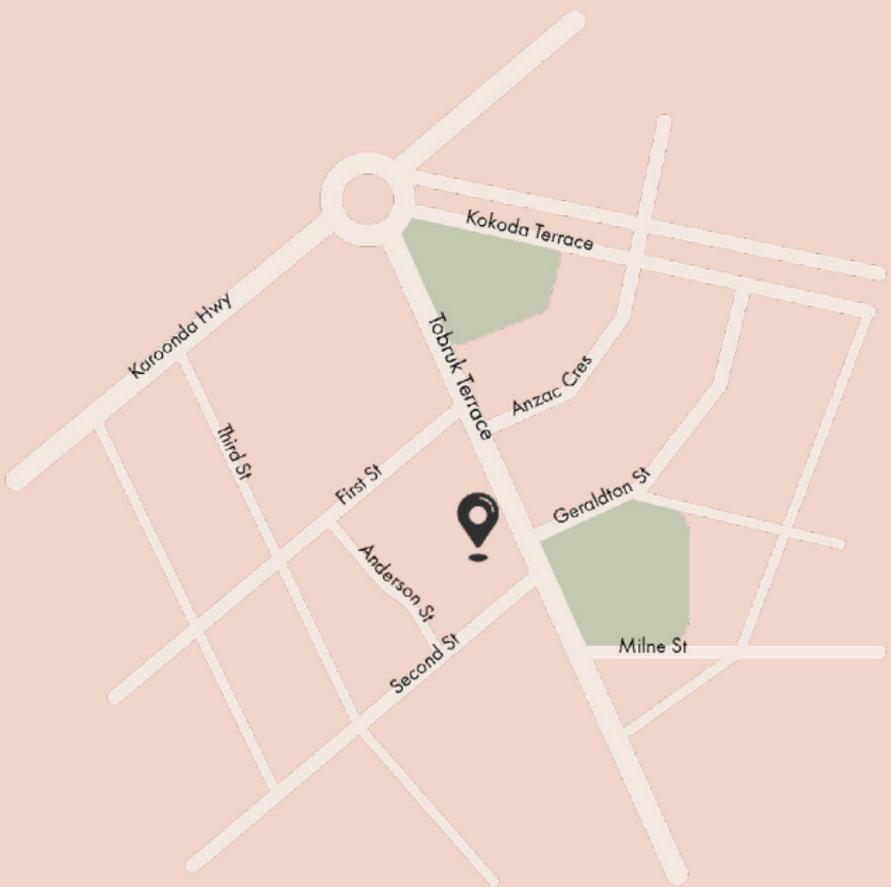
Please note: prices are subject to change without notice.



Location

LOCATION AND PARKING

We are located on 32 Tobruk Terrace, Loxton.
We have street parking available in front of the salon.
Please do not park on adjacent vacant land.



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